

Work Rehabilitation (WR)

About this course

Faculty: Daley, Dunlap, Peterson, Webber, Yeager

[Faculty Bios](#)

Intended Audience: Licensed professionals - Physical Therapist, Occupational Therapist, Physical Therapist Assistant, Occupational Therapist Assistant, Athletic Trainer, Registered/Certified Kinesiologist (observers such as Occupational Health Nurse, Case Manager, Vocational Rehabilitation/Psychology professionals allowed, based on space and background).

[Additional course information](#)

Program Level (AOTA): Introductory

AOTA Classification Categories: 1 – Domain of OT, 2- Occupational Therapy Process

Delivery: Live, In-Person

Student Ratio: 15:1

General Teaching Method Overview:

Lecture, Discussion, Group Activities, Case Studies

Informed Consent: Required

Duration: 1 day, 7.5 contact hours

Completion Requirements: Attend all course sessions, class participation/engagement in learning activities, including group activities, and completion of course evaluation.

CEU Credit: 5 Continuing Competency Units (CCUs) are available through FSBPT

WWPC is an AOTA Approved Provider and is authorized to offer .75 AOTA CEUs

Work Rehabilitation (WR) programs are designed to address a worker's physical, functional, behavioral and vocational needs after a work related injury. The aim of this program is to design worker specific care plans to increase worker abilities, while facilitating appropriate and timely return to work.

This 1-day training includes how to identify gaps in patient function and work task performance as well as development of work targeted goals and clinical interventions. Participants will learn how to effectively and efficiently adapt evaluation, screening and functional testing based on phase of care, complexity of patient presentation and work considerations. Course content includes information regarding referral and intake considerations, identifying functional job demands, functional testing, screening for psychosocial factors, setting SMART goals, and development of work simulation interventions. The program includes customizable templates and documentation forms you can use to track functional status and gather functional work info, as well as case studies, and quality improvement information.



Learning Objectives:

At the end of the training, participants will be able to:

1. Discuss key components of work disability prevention models including the influence of the healthcare, personal, psychosocial, work and regulatory systems.
2. Discuss key considerations of patient evaluation in developing work rehabilitation care plans including acuity, biopsychosocial presentation, work demands and return to work policies
3. Describe 3 options for determining physical work demands using employer job description, interviewing, and standard job descriptions.
4. Perform gap analysis comparing job demands and patient abilities for functional goal setting based on patient information.
5. Describe factors that may impact work rehabilitation outcomes in 2 case scenarios, including both barrier and facilitator influencers.
6. Develop work rehabilitation care plans in 2 cases, linking case problems and interventions/work simulation activities.
7. Develop recommendations for basic work modifications to facilitate transitional work based in 2 case scenarios.
8. Discuss 3 key elements of coordination and communication of care for work rehabilitation within the context of occupational health competencies
9. Discuss 2 options for evaluating the worker experience in work rehab, including how the information can be used to help improve care delivery of injured workers.

Agenda/Outline:

8:00 - 8:10	Introductions/Objectives Orientation- Disclosure, facilities review and safety considerations
8:10 – 10:00	Work Rehabilitation Learning Objectives Work Rehabilitation Concepts What is Work Rehabilitation Societal Context of Work Rehabilitation Work and Health Considerations of Injury and Healing in relation to Work SPICE Model
10:00 - 10:10	Break
10:10- 12:00	Intake Process and Evaluation Evaluation SMART Goals Psychosocial Screening Assessing Work Ability- Performance Testing Functional Scorecard/Progress Notes/Questionnaires Intervention and Treatment Planning
12:00 - 12:30	Lunch
12:30 - 2:00	Intervention and Treatment Planning (continued)

	Gap Analysis and Goal Setting (group activity) Factors Influencing Return to Work/Rehabilitation Work Rehabilitation Program Components Work Simulation
2:00 - 2:30	Worksheet Templates and Examples
2:30 - 2:40	Break
2:40 - 4:30	Case Studies/ Group Exercises Occupational Health Competencies Satisfaction Surveys Questions/Closing

Equipment Needed for Implementation: Site and local employer-dependent. No specific equipment needed for training.