WORKWELL
Musculoskeletal Care for Organizations

IN-PERSON COURSE
Industry's top-rated training program for physical and occupational therapists.

South Africa Applied Functional Capacity Evaluation & Advanced Critical Thinking

About this course

Faculty: Human, Bennie

Faculty Bios

Intended Audience: Must be Occupational Therapist or Physical Therapist

Additional course information

Prerequisite: Successful completion of the WorkWell FCE training.

Delivery: Live, In-Person

Student Ratio: 20:1

General Teaching Method Overview: Lecture, Discussion, Lab, Group Activities

Informed Consent: Yes

Duration: 1 day, 7 contact hours

Completion Requirements: Attend all course sessions, class participation/ engagement in learning activities, including group activities.

CPD Points are available for this course

The WorkWell Applied Functional Capacity Evaluation and Advanced Critical Thinking course focuses on enhanced FCE evaluation skills and critical thinking related to performance based testing. Participants have the opportunity to refine/refresh their testing and report-writing skills with a focus on problem-solving activities and challenging FCE scenarios. The training includes collegial dialog with other providers trained in the WorkWell FCE, lab sessions, report-critiquing and review of sentinel/recent research in the area of functional capacity evaluation reliability, validity, and usefulness.

This WorkWell 1-day program is delivered in a seminar format grounded in "participatory learning"- using an outline and planned material to drive reflection, discussion, and review in areas that participants commonly target for additional skill development, while also leaving flexibility to address group goals and experiential learning with the faculty. Novice clinicians or those that have performed hundreds of FCEs can refine their decision-making abilities and strengthen clinical skills during this class.

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Learning Objectives:

At the end of the training, participants will be able to -
1.   Design 3 functional testing protocols, based on referral question, client clinical presentation and job demands.
2.   Distinguish strategies to perform job matching/gap analysis based on job duties identified through employer data and those identified through employee reporting.
3.   Correctly analyze physiologic effort level in 3 areas where the participant reports low confidence in functional testing at the beginning of training.
4.   Perform 3 relevant FCE subtests based on job-related or disability-testing case information, with appropriate set up/modification, instruction and scoring.
5.   Critique 1 sample challenging FCE case report, including information related to self-limited performance.
6.   Defend performance of the WorkWell FCE by summarizing 2 relevant research articles based on legal challenges related to each of the following: test reliability, validity and usefulness.
7.   Discuss one benefit and challenge of emerging research in FCE topic areas related to each of the following: the use of normative data, test impact of the evaluator and Short FCEs.

Agenda/Outline

8:00 – 8:15	Introductions Orientation – Disclosure, facilities review and safety considerations
8:15 – 9:50	Protocol development based on referral, client presentation and job demands ▪ Timing, purpose and use of FCEs ▪ Factors impacting testing and return to work (Work as a multidimensional construct) ▪ Client referral and preparation ▪ Short FCEs ▪ Test Protocol development exercise
9:50-10:00	Break
10:00 - 12:00	Test Performance ▪ Subtest review ▪ Functional Interview ▪ Impact of the FCE evaluator on testing ▪ Safety
12:00 - 12:45	Lunch

12:45 - 2:45	Lab: Visual observation, Physiologic effort Reporting ▪ Completing the job match grid ▪ Job matching/job analysis ▪ Report critiquing/checklist ▪ Dictionary of Occupational Titles - Physical Demand Levels
2:45 – 3:00	Break
3:00 - 4:30	Research review ▪ Reliability, Safety, Validity, Utility ▪ Normative data Obtaining job information

Equipment needed for Implementation: Same as FCE